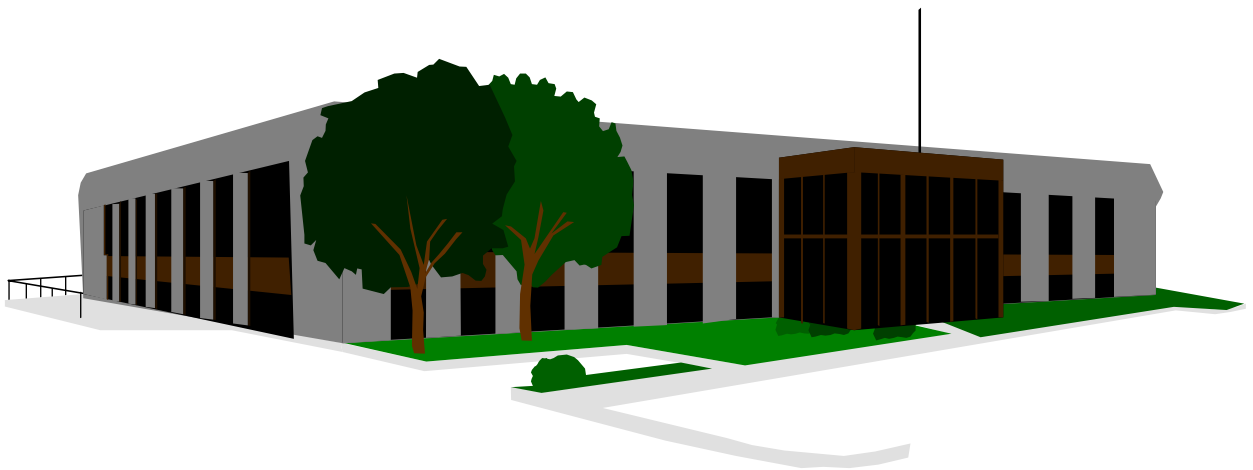




Catholic Charities



of the Archdiocese of Newark



# **A Consumer Guide To Assisted Living and Nursing Home Care In Union County**

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Published by:  
Senior Adult Services / SAFE Advocacy Center  
of  
Catholic Community Services  
and  
Union County Division on Aging

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# **A CONSUMER GUIDE TO ASSISTED LIVING AND NURSING HOME CARE IN UNION COUNTY**

This Guide has been published by Catholic Charities of the Archdiocese of Newark, Adult Services Division, 505 South Avenue East, Cranford, New Jersey 07016, a Community Service Project of the Senior Adult Frail Elderly (SAFE) Advocacy Center. The Union County Division on Aging has provided funds for the publishing of this guide.

15<sup>th</sup> Edition

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Union County has twenty-two licensed Nursing Homes. The object of the Consumer Guide is to provide reliable and consistent information about Long - Term Health Care in Union County.

This guide contains information about Nursing Homes, Assisted Living, Community Services, Funding Sources, Glossary of Terms, Description of Levels of Care and the Patient's Bill of Rights. Information is given about the individual homes. Also included is a list of important questions to be asked when selecting a nursing home.

This guide is an aid in your decision-making process. You should visit individual facilities before making a final decision. There is no substitute for a personal visit and meeting with the administrator and staff.

A large percentage of nursing home admissions occur directly from the hospital. The hospital social worker is responsible for helping family members choose a nursing home or alternative services as part of the required discharge plan.

Before signing an agreement with the nursing home, you should read it carefully. Request a list of extra charges for services that are not included in the basic rate. These additional charges increase the total cost of rates quoted.

It is advisable to consult an attorney in regard to the individual patient's will, savings, insurance policies, real property, personal property or other assets.

Inclusion in this guide does not constitute endorsement of any facility by Catholic Charities or the Union County Division on Aging.

It is the policy of the Union County Division on Aging Department of Human Services and Catholic Charities of the Archdiocese of Newark not to discriminate against any senior citizen because of race, creed, color, sex, age, national origin or marital status. Furthermore, no other-wise qualified handicapped senior citizen shall solely by reason of his or her handicap be excluded from the participation in, be denied the benefit of, or be subjected to discrimination under any federally funded programs or activities administered by this Division.

## **SAFE ADVOCACY CENTER**

The Senior Adult Frail Elderly Advocacy Center (formerly Nursing Home Ombudsman Office) has been in existence since 1977, initially under the Division on Aging of Union County, and since January of 1979, under the auspices of Catholic Charities of Union County. This office provides accurate information and referral on nursing homes and assisted living facilities in Union County.

For further information, please call: 1-908-497-3950, or write:

SAFE Advocacy Center  
Catholic Charities  
505 South Avenue East  
Cranford, New Jersey 07016

## **OFFICE OF THE OMBUDSMAN FOR THE INSTITUTIONALIZED ELDERLY**

The New Jersey Office of the Ombudsman for the Institutionalized Elderly was created in 1977. The office is responsible for people age 60 or older who are residents of nursing homes, residential health care facilities, boarding homes, state psychiatric hospitals, facilities for the developmentally disabled, adult day care centers and similar facilities.

The primary mission of the office is to advocate for and to preserve and protect the health, safety, welfare and civil and human rights of the institutionalized elderly. This is primarily accomplished through the investigation of complaints alleging elder abuse, neglect, or exploitation in a health care facility. The office, along with other federal and state agencies, continually monitors the care being administered to the institutionalized elderly in health care facilities in the state.

Anyone who has witnessed or knows of the abuse, neglect, or exploitation of an institutionalized elderly person should report this information to the office by calling: 1-877-582-6995; or by writing to:

Office of the Ombudsman for the Institutionalized Elderly  
101 South Broad Street  
Trenton, New Jersey 08625

Catholic Charities of the Archdiocese of Newark is a multi-service agency offering mental health services, family services, drug and alcohol counseling, transportation, immigration services, restorative justice programs for juveniles and adults, transitional nursing, emergency food and shelter services and senior adult services in Union County; along with a wide range of other social services and special-need programs throughout Union, Essex, Hudson, and Bergen Counties. These services are available to all without regard to race, color, sex, or religion.

Dealing with aging is always a complex problem. As we deal with our own aging, we must also deal with the aging problems of our parents and close relatives. This guide is presented as help in making the difficult but necessary decisions regarding the health and welfare of those who need nursing home and assisted living care. Hopefully, the information contained herein, will somewhat lighten the burden of your decisions.

Clare Elton  
Adult Services Division Director

Since 1977, with the establishment of the SAFE Advocacy Center, the Union County Division on Aging has maintained a vital interest in providing up-to-date information about assisted living and nursing homes to provide assistance to older adults in Union County.

The elderly residents of Union County and their families have come to depend on this guide when faced with problems of selecting assisted living or nursing homes.

It is with thanks to the Coordinator of the SAFE Advocacy Center that this guide is kept current and provides advocates for the elderly with information that is so important to maintaining a quality of life.

While this guide provides direction only in selecting assisted living or nursing homes, it is possible for some people to stay in their own homes with some help. Therefore, I encourage you to contact the Division on Aging at 1-888-280-8226 for information about additional home and community care services.

Frances Benson, Executive Director  
Union County Division on Aging  
Elizabeth, New Jersey

**LONG - TERM CARE FACILITY** – as defined in N.J.A.C. 8:39-1.1 “a facility or a distinct part of a facility which is licensed by the New Jersey State Department of Health...to provide health care and service to individuals who do not require the degree of care and treatment which a hospital provides, but who because of their physical or mental condition require continuous nursing care and service above the level of room and board.” A Long - Term Care Facility is often referred to as a Nursing Home.

**RESIDENTIAL HEALTH CARE FACILITY** – a facility licensed by the State of New Jersey which offers room, meals and laundry; and will provide help with bathing, dressing, taking medicine and managing money. Residential Health Care is oftentimes a part of a Nursing Home Facility.

**ASSISTED LIVING FACILITY** – a facility, which provides coordinated supportive personal and health services. These services include meals, housekeeping, recreational activities and social services.

**RESPITE CARE** – a program that provides short-term, temporary care to a frail or disabled elderly person in an institution or at home. The objective is to provide the caregiver with temporary relief from the responsibility of constant care. Within a Nursing Home setting, Respite Care is sometimes offered on a 1 to 4 week basis depending on bed availability.

Depending on the individual's health, family, social, emotional and financial needs, there are community services, which may meet the needs of your loved one and be less restrictive than a nursing home. The various community services are described below:

**HOME HEALTH SERVICES / VISITING NURSE**

These provide professional nursing and speech therapy, social work services, certified home health aide services, and consultation in nutrition and mental health for homebound patients.

**HOMEMAKER HOME HEALTH AIDE SERVICES**

These assist in homes of the acutely and chronically ill, the elderly, the pre and post-operative patient, and in homes where the mother is hospitalized or ill. A homemaker-home health aide carries out tasks such as assistance with bathing, dressing, meal preparation, light cleaning and laundry.

**HOME DELIVERED MEALS (Meals on Wheels)**

Hot nutritious meals can be delivered to persons in their own homes if for some reason they are unable to cook for themselves.

**ADULT DAY CARE PROGRAMS**

A community-based group program designed to meet the needs of functionally impaired adults through an individual plan of care. •**Social Day Care** is a structured program providing social contact in a protective setting. •**Medical Day Care** provides social contact plus health services in a protective setting.

**HOSPICE**

A multi-disciplinary service program which provides support to the terminally ill person and his or her family.

**TRANSPORTATION**

Paratransit is specialized transportation for elderly or handicapped persons. In addition many towns have senior citizen buses to provide rides for food shopping and for recreational programs within the town.

**MENTAL HEALTH SERVICES**

A variety of services ranging from counseling to group therapy are provided by local community mental health centers and various other public and private agencies.

**CONGREGATE (GROUP) DINING**

Programs serving a hot nutritious meal to older persons and their spouses at sites throughout Union County. The Program not only provides a nutritious meal but they also offer an opportunity for social interaction.

**LEGAL SERVICES**

This program provides legal assistance to elderly low-income clients and their families.

**EMERGENCY RESPONSE SYSTEM**

This system enables individuals to have 24-hour contact with outside sources of help via equipment that utilizes telephone lines.

How to pay the high cost of care in a nursing home is a primary concern when considering nursing home placement. There are various types of payment and funding sources:

### **PRIVATE PAY**

Private Pay refers to the complete cost of nursing home care paid for from the individual's assets/income. It includes both the stated rate for room and board and any ancillary costs; most nursing homes do charge extra for specific services.

### **MEDICARE**

If the patient needs inpatient skilled nursing or rehabilitation services after a hospital stay and the patient meets certain other conditions. Medicare helps pay for up to 100 days in a Medicare-participating skilled nursing facility in each benefit period. Medicare pays for all covered services for the first 20 days. For the next 80 days, it pays for all covered services **except for a daily coinsurance amount.**

### **MEDICAID**

Long-Term Care under the Medicaid Program is administered by the Union County Division of Social Services, Special Medicaid Programs Unit. This program provides full Medicaid coverage and pays all authorized bills of eligible applicants in a participating nursing home. The nursing home stay must be at least 30 days in duration and medical need for the nursing home stay must be approved by the Medicaid District Office prior to placement. Medicaid for Nursing Home Care covers the cost of Long -Term Care if the applicant meets the following financial eligibility:

1. The applicant's total monthly income must be no more than \$2,022.\*
2. No more than \$1,500\* for burial fund or face value of insurance policy.  
(The individual may pre-pay funeral expenses.)
3. No more than \$2,000\* in savings or cash assets. (\* Single person)

The issue of financial resources is a very complex one and each case regarding Medicaid eligibility must be evaluated individually.

If the applicant has a spouse in the community, the spouse can retain one-half of the total assets, up to a maximum of \$109,560 along with the principal place of residence. Once the balance of the couple's resources is exhausted, the resident may qualify for Medicaid, if a medical need is established.

Based upon the community spouse's individual income he/she may qualify to retain part of the nursing home resident's income. Under no circumstance, can the community spouse's income be required by Medicaid to be used to pay for the Nursing Home Care.

If the patient has no spouse, he/she must exhaust all but \$2,000 and a burial fund with a funeral home or bank before he/she can be eligible for Medicaid benefits.

**\*ALL THE ABOVE-MENTIONED DOLLAR AMOUNTS ARE EFFECTIVE JANUARY 1, 2009, AND THEY ARE SUBJECT TO CHANGE AT ANY TIME. THESE CRITERIA SHOULD BE VERIFIED THROUGH THE UNION COUNTY DIVISION OF SOCIAL SERVICES OFFICE, BECAUSE THERE ARE PERIODIC CHANGES IN THEM.**

**NOTICE TO ALL LEGAL RESIDENTS: EFFECTIVE AUGUST 22, 1996 – ALL LEGAL RESIDENTS HAVE TO BE IN THE U.S.A. 5 YEARS FROM DATE OF ENTRY BEFORE APPLYING FOR MEDICAID.**

If the applicant for Long -Term Nursing Home Care has a monthly income above \$2,022, he/she may be eligible for Long -Term Nursing Home Care under the Medically Needy Program. For information regarding the Medically Needy Program, please refer to the next section.

**MEDICALLY NEEDED PROGRAM  
FOR LONG-TERM NURSING HOME CARE**

When a patient is in need of financial assistance for a Long -Term Nursing Home stay but he/she has an income above the Medicaid Cap, he/she can apply for Long-Term Nursing Home Care under the Medically Needy Program. For further information about the Medically Needy Program or the Medicaid Program for Long-Term Nursing Home Care, please contact the Union County Division of Social Services.

As of November 30, 1976, the rights and well being of New Jersey nursing home residents have been protected by law.

As a resident of a nursing home, you have the RIGHT:

To manage your own financial affairs unless you or your legal guardian authorizes the administrator of the nursing home to manage your financial affairs. Such authorization shall be in writing and shall be attested to by a witness who is unconnected with the nursing home, its operations, its staff personnel, and the administrator thereof, in any manner whatsoever;

To wear your own clothing (if clothing is provided to the residents by the nursing home, it shall be of a proper fit.);

To retain and use your personal property in your immediate living quarters unless the nursing home can demonstrate that it is unsafe or impractical to do so;

To receive and send unopened correspondence and, upon request, to obtain assistance in the reading and writing of such correspondence;

To unaccompanied access to a telephone at a reasonable hour, including the right to a private phone at your expense;

To privacy;

To retain the services of your own personal physician;

To unrestricted communication, including personal visitation with any persons of your choice, at any reasonable hour;

To present grievances on behalf of yourself or others to the nursing home administrator, State governmental agencies or other persons, without threat of discharge or reprisal in any form or manner what-so-ever;

To a safe and decent living environment and considerate, respectful care that recognizes the dignity and individuality of you as a resident;

To refuse to perform services for the nursing home that is not included for therapeutic purposes in your plan of care as recorded in your medical record by your physician;

To reasonable opportunity for interaction with members of the opposite sex;

Not to be deprived of any constitutional, civil or legal right solely by reason of admission to a nursing home.

You also have the following RIGHTS:

Any nursing home resident may discharge himself/herself from a nursing home upon presentation of a written release, and if the resident is an adjudicated mental incompetent, upon the written consent of his/her guardian. In such a case, the nursing home is free from any responsibility for the resident upon his/her release.

When a nursing home wishes to transfer or discharge a competent or an adjudicated mental incompetent resident on a non-emergency basis, it may do so for medical reasons, OR for his/her welfare, OR for non-payment of his/her stay, except as prohibited by Title XVIII or Title XIX of the Social Security Act, as amended. Such action shall be recorded in the resident's medical record.

When a transfer or discharge on a non-emergency basis of a resident is requested by a nursing home, the resident or, in the case of an adjudicated mental incompetent resident, the guardian shall be given at least 30 days advance notice of such a transfer or discharge.

The administrator shall also post this notice in a conspicuous public place in the nursing home.

For an official copy of the complete Resident's Bill of Rights, write or call:

Office of the Ombudsman for Institutionalized Elderly  
101 South Broad Street  
Trenton, New Jersey 08625  
1-877-582-6995

Visit every facility under consideration several times and at least once unannounced. To get an idea of how the home is run, visit at meal times, weekends, early morning (8:00 – 10:00 A.M.) and evening (6:00 – 8:00 P.M.). Tour all areas of the nursing home and look at several resident rooms and bathrooms in different sections of the home.

The following questions should be considered when selecting a nursing home:

**SELECTION GUIDE**

	<b>YES</b>	<b>NO</b>
1. Does the home have a current license from the state?	<input type="checkbox"/>	<input type="checkbox"/>
2. Does the administrator have a current license from the state?	<input type="checkbox"/>	<input type="checkbox"/>
3. Has the home been reviewed and recently accredited by:		
(a) The Long -Term Care Council of the Joint Commission on Accreditation of Hospitals?	<input type="checkbox"/>	<input type="checkbox"/>
(b) Your States American Nursing Home Association’s Peer Review Committee?	<input type="checkbox"/>	<input type="checkbox"/>

**COSTS**

4. Is the home certified to participate in government programs i.e. Medicare, Medicaid and/or other state or local welfare programs? (Nursing Homes are not required to participate.)	<input type="checkbox"/>	<input type="checkbox"/>
5. Does the home include a good number of services you need in its basic daily charges?	<input type="checkbox"/>	<input type="checkbox"/>
6. Is a listing of fees for any additional services readily available?	<input type="checkbox"/>	<input type="checkbox"/>
7. Is it a policy of the home to return any unused advance payment to the patient or the family should the patient go home or die?	<input type="checkbox"/>	<input type="checkbox"/>
8. Does the contract between the resident and home clearly state:		
(a) Date of admission?	<input type="checkbox"/>	<input type="checkbox"/>
(b) Level of care?	<input type="checkbox"/>	<input type="checkbox"/>
(c) Services to be rendered?	<input type="checkbox"/>	<input type="checkbox"/>
(d) Discharge or transfer conditions?	<input type="checkbox"/>	<input type="checkbox"/>
9. Is it the policy of the home to permit the resident’s assets to remain under his/her own control or that of the family?	<input type="checkbox"/>	<input type="checkbox"/>
10. Is there a penalty if the patient leaves before the end of the month?	<input type="checkbox"/>	<input type="checkbox"/>

	<b>YES</b>	<b>NO</b>
<b>ACCESSIBILITY</b>		
11. Is it near family or friends?	<input type="checkbox"/>	<input type="checkbox"/>
12. Is it near a cooperating hospital?	<input type="checkbox"/>	<input type="checkbox"/>
13. Is the elderly person's physician willing to visit this home?	<input type="checkbox"/>	<input type="checkbox"/>
14. Is it on a bus route?	<input type="checkbox"/>	<input type="checkbox"/>
<b>AMBIANCE</b>		
15. Is the home clean, odor-free?	<input type="checkbox"/>	<input type="checkbox"/>
16. Is the atmosphere pleasant, cheerful, and inviting?	<input type="checkbox"/>	<input type="checkbox"/>
17. Is the furniture attractive, comfortable, easy and safe for elderly people to get in and out of?	<input type="checkbox"/>	<input type="checkbox"/>
18. Can residents bring any of their own furniture with them?	<input type="checkbox"/>	<input type="checkbox"/>
19. Is there a garden or outside space for residents to enjoy at their leisure?	<input type="checkbox"/>	<input type="checkbox"/>
20. Are staff people considerate of and sensitive to the needs of the residents?	<input type="checkbox"/>	<input type="checkbox"/>
21. Are residents treated with dignity and respect by the staff?	<input type="checkbox"/>	<input type="checkbox"/>
<b>DINING</b>		
22. Is the dining room attractive?	<input type="checkbox"/>	<input type="checkbox"/>
23. Are meals at a leisurely and convenient time for the residents?	<input type="checkbox"/>	<input type="checkbox"/>
24. Is the food appetizing and varied?	<input type="checkbox"/>	<input type="checkbox"/>
25. Are second helpings available?	<input type="checkbox"/>	<input type="checkbox"/>
26. Did the meal being served coincide with the posted menu?	<input type="checkbox"/>	<input type="checkbox"/>
27. Can the residents have visitors join them at mealtime?	<input type="checkbox"/>	<input type="checkbox"/>
28. Did residents in need of help at mealtime receive it?	<input type="checkbox"/>	<input type="checkbox"/>
29. Are meals planned by a trained dietician?	<input type="checkbox"/>	<input type="checkbox"/>
30. Are snacks available to residents? At what hours? _____	<input type="checkbox"/>	<input type="checkbox"/>
31. Does the home provide special services needed by the elderly person, i.e., professional dietician, professional physical therapist?	<input type="checkbox"/>	<input type="checkbox"/>

## ACCOMMODATIONS

- |   | YES                      | NO                       |
|---|--------------------------|--------------------------|
| 32. Does each resident's room...                            |                          |                          |
| (a) Open on a hallway?                                      | <input type="checkbox"/> | <input type="checkbox"/> |
| (b) have a window?  | <input type="checkbox"/> | <input type="checkbox"/> |
| (c) have a closet?  | <input type="checkbox"/> | <input type="checkbox"/> |
| (d) provide space for personal items?                       | <input type="checkbox"/> | <input type="checkbox"/> |
| (e) have draperies for privacy?                             | <input type="checkbox"/> | <input type="checkbox"/> |
| (f) have a comfortable chair for each occupant of the room? | <input type="checkbox"/> | <input type="checkbox"/> |
| (g) have a reading lamp?                                    | <input type="checkbox"/> | <input type="checkbox"/> |
| (h) have a nurse call bell for each bed?                    | <input type="checkbox"/> | <input type="checkbox"/> |
| 33. Does the resident have a voice in roommate assignments? | <input type="checkbox"/> | <input type="checkbox"/> |
| 34. Is the Patient's Bill of Rights posted?                 | <input type="checkbox"/> | <input type="checkbox"/> |
| 35. Are toilet and bath facilities...                       |                          |                          |
| (a) in or near bedrooms?                                    | <input type="checkbox"/> | <input type="checkbox"/> |
| (b) equipped with nurse call bells?                         | <input type="checkbox"/> | <input type="checkbox"/> |
| (c) equipped with handrails and handgrips?                  | <input type="checkbox"/> | <input type="checkbox"/> |
| (d) accessible to a person in a wheelchair?                 | <input type="checkbox"/> | <input type="checkbox"/> |
| 36. Is the home air-conditioned?                            | <input type="checkbox"/> | <input type="checkbox"/> |
| 37. Are pharmacy services available?                        | <input type="checkbox"/> | <input type="checkbox"/> |

## PLANNED ACTIVITIES

- |   |                          |                          |
|---|--------------------------|--------------------------|
| 38. Is there a lively social and activities program planned and posted?   | <input type="checkbox"/> | <input type="checkbox"/> |
| 39. Is there evidence of resident participation in planned activities?  | <input type="checkbox"/> | <input type="checkbox"/> |
| 40. Is there an abundance of supplies for crafts and games?   | <input type="checkbox"/> | <input type="checkbox"/> |
| 41. Is there a well-stocked library complete with magazines, large-print newspapers, books, etc. available for the residents? | <input type="checkbox"/> | <input type="checkbox"/> |

## FIRE SAFETY

- |   |                          |                          |
|---|--------------------------|--------------------------|
| 42. Does the building meet the federal and/or state fire codes?                                 | <input type="checkbox"/> | <input type="checkbox"/> |
| 43. Have fire drills been held for the residents and staff in compliance with the state's code? | <input type="checkbox"/> | <input type="checkbox"/> |
| 44. Is an emergency evacuation plan posted in a prominent place?                                | <input type="checkbox"/> | <input type="checkbox"/> |
| 45. Does the home have a smoke detector system?   | <input type="checkbox"/> | <input type="checkbox"/> |
| 46. Does the home have an automatic sprinkler system?   | <input type="checkbox"/> | <input type="checkbox"/> |
| 47. Are residents prohibited from smoking in their rooms?                                       | <input type="checkbox"/> | <input type="checkbox"/> |
| 48. Are fire exits clearly marked and easy to reach?  | <input type="checkbox"/> | <input type="checkbox"/> |
| 49. Are exit doors unlocked from the inside or under a main desk control?                       | <input type="checkbox"/> | <input type="checkbox"/> |

**BUILDING SAFETY**

- 50. Are there handrails to steady the unsure ambulatory residents in the hallways and bathrooms?
- 51. Does the home have elevators?
- 52. Have they been inspected recently?
- 53. Can wheelchairs enter easily?
- 54. Are the rooms and hallways well lighted?
- 55. Are walkways unobstructed?
- 56. Are the hallways wide enough to permit wheelchairs to pass each other easily?

**NOTES**

**SUGGESTIONS:**

For some services in a nursing home there may be an additional charge. Some services that you may want to inquire about are:

- ❖ Barber/Beauty Shop Service
- ❖ In-Room Telephone
- ❖ Field Trips
- ❖ Physician Service
- ❖ Speech Therapy
- ❖ Occupational Therapy
- ❖ Catheter
- ❖ Incontinent Care Supplies
- ❖ Decubiti Dressing
- ❖ Routine Pharmacy
- ❖ Non-Prescription Drugs
- ❖ Dental Care
- ❖ Personal Laundry

It is also suggested that the family inquire as whether or not there is the availability of staff members to communicate to the patient in the language in which he/she is familiar.

**BERKELEY MEADOWS CONVALESCENT CENTER**

311 Springfield Avenue  
Berkeley Heights, New Jersey 07922  
(908) 464-9260

**TYPE OF OWNERSHIP:** A Proprietary Home

**LEVELS OF CARE:** Long Term Care  
Skilled Nursing Care  
Intermediate Level of Care

**SPECIALIZED CARE:** Wound Care

**CAPACITY:** 35 Nursing Home Beds

**APPROVED:** Medicaid/Medicare

**PREPAYMENT:** 1 Month in Advance

**DESCRIPTION:** "Charming, small Nursing Home located near the center of Berkeley Heights. Owner-operated, offering quality care in a home-like setting. Close to bus, train, restaurants, shopping. Full line of activities both on and off premises. Trips to circus, shows, etc. Wide variety menu planned with residents.

(Submitted by Facility)

**BERKELEY HEIGHTS NURSING & REHABILITATION CENTER**

35 Cottage Street  
Berkeley Heights, New Jersey 07922  
(908) 464-0048  
A Member of the Overlook Health Care System

**TYPE OF**

**OWNERSHIP:** Not-For-Profit

**LEVELS**

**OF CARE:** Intermediate Level of Care  
Skilled Nursing Care

**SPECIALIZED**

**CARE:** Alzheimer’s Disease  
Peritoneal Dialysis  
Rehabilitation Therapy  
Comatose Patients  
Nasogastric Tube Feedings or Gastrostomy  
Oxygen Therapy  
Tracheostomy  
Wound Care

**CAPACITY:** 130 Nursing Home Beds

**APPROVED:** Medicare  
Medicaid

**PREPAYMENT:** Deposit required for admission  
1 Month in Advance

**DESCRIPTION:** “Berkeley Heights Convalescent Center is licensed to care for skilled, intermediate and custodial care patients. The Berkeley Heights Convalescent Center is approved for Medicare and Medicaid programs. Short-term rehabilitation or long-term care is provided by a highly skilled staff.”  
(Submitted by Facility)

**RUNNELLS SPECIALIZED HOSPITAL OF UNION COUNTY**

40 Watchung Way  
Berkeley Heights, New Jersey 07922  
(908) 771-5700

- TYPE OF OWNERSHIP:** A Government/Non-Profit  
Specialized Hospital
- LEVELS OF CARE:** Long -Term Care  
Sub Acute  
Hospice  
Alzheimer’s Type Patients  
Respite Care Available  
Physical Medicine & Rehabilitation
- SPECIALIZED CARE:** Alzheimer’s Disease  
Amyotrophic Lateral Sclerosis  
Comatose Patients  
Intravenous Therapy  
Nasogastric Tube Feedings or Gastrostomy  
Neuromuscular or Orthopedic Care  
Acquired Immune Deficiency Syndrome  
Oxygen Therapy  
Tracheostomy  
Wound Care
- CAPACITY:** 300 Nursing Care Beds  
25 Physical Medicine & Rehabilitation
- APPROVED:** Medicare  
Medicaid
- REQUIREMENT:** Residents of the State of New Jersey, but not of the County of Union may be admitted under special conditions.
- DESCRIPTION:** “A state-of-the-art facility staffed 24 hours a day by dedicated physicians and professional nurses. Serving Central New Jersey for more than 90 years, our warm, friendly staff provides the highest quality of care. Providing physical therapy, occupational therapy and activities therapy, on site dental and personal care at our modern, picturesque hilltop location one mile from exit 41 of Route 78 West”.  
(Submitted by Facility)

**CLARK NURSING & REHABILITATION CENTER**

1213 Westfield Avenue  
Clark, New Jersey 07066  
(732) 396-7100

**TYPE OF OWNERSHIP:**

A Proprietary Home

**LEVELS OF CARE:**

Skilled Nursing Care  
Ventilator Management  
Sub-Acute

**SPECIALIZED CARE:**

Ventilator Management  
Respiratory Services  
Intravenous Therapy  
Head Trauma  
Tracheostomy  
Wound Care  
Oxygen Therapy  
Physical Therapy  
Speech/Language Pathology

**CAPACITY:**

140 Nursing Home Beds  
50 Sub-Acute Beds  
10 Ventilator Management Beds

**APPROVED:**

Medicare  
Medicaid  
Insurance Contracts

**PREPAYMENT:**

1-Month Deposit in Advance  
Plus one month in an escrow account

**DESCRIPTION:**

“The Clark Nursing and Rehabilitation Center is committed to provide our residents with the highest quality of professional care in a safe and pleasant environment. At all our centers located throughout the Eastern United States, HBA sets a high standard of care that is well above the average because everyone in the HBA family is dedicated to and welcome the opportunity to talk about any and all concerns.

**NOTES:**

Clark Nursing and Rehabilitation center opened in 1995. We look forward to providing quality care to our residents and meeting the community we serve.

(Submitted by Facility)

**CRANFORD HALL NURSING HOME**

600 Lincoln Park East  
Cranford, New Jersey 07016  
(908) 276-7100

**TYPE OF OWNERSHIP:** A Proprietary Home

**LEVELS OF CARE:** Skilled Nursing Care  
Sub Acute Care  
Long Term Care

**SPECIALIZED CARE:** Alzheimer’s Disease  
Nasogastric Tube Feedings or Gastrostomy  
Oxygen Therapy  
Wound Care

**CAPACITY:** 100 Nursing Home Beds

**APPROVED:** Medicaid

**PREPAYMENT:** Deposit required for admission  
1 month Deposit

**DESCRIPTION:** “Cranford Hall’s 100 residents receive comprehensive nursing care and a full range of social and recreational services beginning the moment the individual enters our beautiful Tudor building. We invite prospective residents and/or their families to arrange for a tour of our facilities and feel the warmth and casual ambiance of our facility and staff.”

(Submitted by Facility)

**CRANFORD HEALTH AND EXTENDED CARE**

205 Birchwood Avenue  
 Cranford, New Jersey 07016  
 (908) 272-6660

**TYPE OF OWNERSHIP:**

A Proprietary Home

**LEVELS OF CARE:**

Skilled Nursing Care  
 Sub Acute  
 Long Term

**SPECIALIZED CARE:**

Alzheimer's Disease  
 Nasogastric Tube Feedings or Gastrostomy  
 Oxygen Therapy  
 Wound Care  
 Peritoneal Dialysis  
 Sub Acute  
 Rehabilitation

**CAPACITY:**

180 Beds

**APPROVED:**

Medicare  
 Medicaid

**PREPAYMENT:**

Deposit required for admission  
 2 weeks deposit

**DESCRIPTION:**

"Cranford Hall, set on beautiful grounds in a spacious Tudor building, offers a home-like ambiance blended with professional, skilled and personalized care, while meeting the high standards and strict licensing requirements of the NJ State Department of Health. Our dedicated team of health professionals provides exceptional customized care for the physical, emotional and social needs of each resident."

(Submitted by Facility)

**BROTHER BONAVENTURE EXTENDED CARE CENTER**

665 East Jersey Street  
Elizabeth, New Jersey 07206  
(908) 994-7050

**TYPE OF OWNERSHIP:**

Non-Profit

**LEVELS OF CARE:**

Skilled Nursing Care  
Intermediate Level of Care

**SPECIALIZED CARE:**

Nasogastric Tube Feedings or Gastrostomy  
Neuromuscular or Orthopedic Care  
Oxygen Therapy  
Tracheostomy  
Wound Care

**CAPACITY:**

120 Nursing Home Beds

**APPROVED:**

Medicaid  
Medicare Certified

**PREPAYMENT:**

Deposit for admission  
1 month in advance

**DESCRIPTION:**

“Our goal is to assure complete continuity of care and help each individual reach a positive state of well-being. We are dedicated to providing a full range of gerontological services, and are committed to a restorative philosophy.”  
(Submitted by Facility)

**ELIZABETH NURSING & REHABILITATION CENTER**

1048 Grove Street  
Elizabeth, New Jersey 07202  
(908) 354-0002

**TYPE OF OWNERSHIP:**

A Proprietary Home

**LEVELS OF CARE:**

Skilled Nursing Care

**SPECIALIZED CARE:**

Alzheimer's Disease  
Orthopedic Care  
Oxygen Therapy  
Gastrostomy Tube Feeding  
Wound Care  
Dialysis  
Tracheotomy Care  
IV Therapy

**CAPACITY:**

102 Nursing Home Beds

**APPROVED:**

Medicare  
Medicaid  
VA  
Respite

**DESCRIPTION:**

"We believe in the utmost in patient-centered nursing care provided through the combined efforts of our entire skilled health team. The patient is accepted as a person with individual needs. Our goal is to assure complete continuity of care, and to assist the patient in reaching a positive state of well-being while attaining an optimum level of functioning within a life style adapted to his/her disability."

(Submitted by Facility)

**ELMORA HILLS HEALTH CARE & REHABILITATION CENTER**

225 West Jersey Street  
Elizabeth, New Jersey 07202  
(908) 353-1220

**TYPE OF OWNERSHIP:**

Non-Profit

**LEVELS OF CARE:**

Skilled Nursing Care  
Intermediate Level of Care  
Residential

**SPECIALIZED CARE:**

Nasogastric Tube Feedings or Gastrostomy  
Neuromuscular or Orthopedic Care  
Oxygen Therapy  
Wound Care

**CAPACITY:**

101 Long Term Care Nursing Home Beds  
53 Sub Acute Beds

**APPROVED:**

Medicare  
Medicaid

**PREPAYMENT:**

30 days in advance  
Escrow deposit of one month

**DESCRIPTION:**

“The New Jersey Geriatric Center of Workmen’s Circle is a non-profit fraternal organization established in 1952. We are dedicated to the care of the elderly. We serve the State of New Jersey.”  
(Submitted by Facility)

**PLAZA REHABILITATION AND HEALTH CARECENTER**

456 Rahway Avenue  
Elizabeth, New Jersey 07202  
(908) 354-1300

**TYPE OF OWNERSHIP:**

Non-Profit

**LEVELS OF CARE:**

Skilled Nursing Care  
Intermediate Level of Care

**SPECIALIZED CARE:**

Alzheimer's Disease  
Nasogastric Tube Feeding or Gastrostomy  
Oxygen Therapy  
Wound Care

**CAPACITY:**

128 Nursing Home Beds

**APPROVED:**

Medicare  
Medicaid

**PREPAYMENT:**

None

**DESCRIPTION:**

“Long -Term Care and an excellent recreation department. Fully licensed by the State of New Jersey. Fully air-conditioned with all types of rehabilitation available. Twenty-four hour nursing care with an understanding staff. Two outdoor patios and an on-site beauty parlor.”

(Submitted by Facility)

**DELAIRE NURSING & CONVALESCENT CENTER**

400 West Stimpson Avenue

Linden, New Jersey 07036

(908) 862-3399

A Member of the Overlook Health Care System

**TYPE OF OWNERSHIP:**

Profit

**LEVELS OF CARE:**

Sub-acute Care  
Skilled Nursing Care  
Intermediate Level of Care  
Residential Care

**SPECIALIZED CARE:**

Alzheimer's Disease  
Gastrostomy Tube Feedings  
Neuromuscular or Orthopedic Care  
Oxygen Therapy  
Wound Care  
Physical, Occupational, Speech Therapy

**CAPACITY:**

240 Nursing Home Beds  
40 Residential Beds

**APPROVED:**

Medicare  
Medicaid

**PREPAYMENT:**

1 month deposit  
1 month in advance

**DESCRIPTION:**

"Delaire is a 280-bed facility which is able to care for all levels of residents' needs. We are certified to accept Medicare and Medicaid residents as well as those individuals in need of residential care."

(Submitted by Facility)

**MANOR CARE - MOUNTAINSIDE**

1180 Route 22 West  
 Mountainside, New Jersey 07092  
 (908) 654-0020

**TYPE OF OWNERSHIP:**

A Proprietary Home

**LEVELS OF CARE:**

Independent Living  
 Skilled Nursing Care  
 Intermediate Level of Care

**SPECIALIZED CARE:**

Comatose Patients  
 Head Trauma  
 Gastrostomy Tube Feedings  
 Neuromuscular or Orthopedic Care  
 Oxygen Therapy  
 Tracheostomy  
 Wound Care  
 Young Disabled Adults

**CAPACITY:**

60 Nursing Home Beds  
 30 Residential Home Beds  
 60 Rehab Unit Beds

**APPROVED:**

Medicare  
 Medicaid  
 Numerous Private Insurance Providers  
 HMO's

**PREPAYMENT:**

Varies depending on state requirements for programs

**DESCRIPTION:**

“Manor Care” is a modern 150-bed nursing and rehabilitation center which provides independent living, skilled and intensive rehabilitation levels of care. In addition to our nursing home, our independent living provides a safe, supervised environment for those able to care for their own needs.” (Submitted by Facility)

**NOTES:**

Med-Bridge has been approved by the Joint Commission for the Accreditation of Health Care Organizations.

**MANOR CARE – NEW PROVIDENCE**

144 Gales Drive  
New Providence, New Jersey 07974  
(908) 464-8600

- TYPE OF OWNERSHIP:** A Proprietary Home
- LEVELS OF CARE:** Long -Term Skilled Nursing Care  
Sub-Acute Care
- SPECIALIZED CARE:** Alzheimer’s Disease  
Comatose Patients  
Head Trauma  
Intravenous Therapy  
Nasogastric Tube Feedings or Gastrostomy  
Neuromuscular or Orthopedic Care  
Oxygen Therapy  
Rehabilitation Program  
Tracheostomy  
Wound Care
- CAPACITY:** 106 Nursing Home Beds
- APPROVED:** Medicare  
Medicaid
- PREPAYMENT:** None
- DESCRIPTION:** “Glenside Nursing Center is dedicated in providing the highest quality of care to our residents. Specializing in advanced medical and nursing procedures, rehabilitative therapies and long-term care administered according to the individual’s special needs. Please contact Admissions Director for additional information at (908) 464-8600.”  
(Submitted by Facility)

**ABBOTT MANOR CONVALESCENT CENTER**

810 Central Avenue  
 Plainfield, New Jersey 07060  
 (908) 757-0696

**TYPE OF OWNERSHIP:** A Proprietary Home

**LEVELS OF CARE:** Skilled Nursing Care  
 Intermediate Level of Care

**SPECIALIZED CARE:** Alzheimer’s Disease, Comatose Patients,  
 Nasogastric Tube Feedings or Gastrostomy,  
 Oxygen Therapy, Tracheostomy, Wound Care

**CAPACITY:** 35 Nursing Home Beds

**APPROVED:** Medicaid, Medicare (pending approval)

**PREPAYMENT:** 4 weeks

**DESCRIPTION:** “Abbott Manor offers a unique experience in the provision of health care services. From the moment you enter the door through the beautiful living room, you will sense the HOME LIKE atmosphere in beautiful surroundings. It is owned and operated by Dr. and Mrs. Reyndaldo Lapid, who have planned every aspect of convalescent care to provide quality of care in a family atmosphere.

An experienced staff, trained in geriatric needs, provides 24-hour medical care by licensed and trained nurses directed by a physician of your choice, and ensures a continuum of quality care. Since dining is an important aspect of recovery and rehabilitation, home cooked meals are provided and served in a lovely dining room or in the privacy of their rooms. In addition, family members may make special arrangements to dine with their loved ones in the dining room at any time. In addition, our social worker will facilitate discharge planning if applicable, and counsel both family and residents to ease the transition back into the Home Environment. The residents of Abbot Manor Convalescent Center are encouraged to remain active and interested in their surroundings by enjoying a variety of indoor and outdoor activities. Interesting and diversified activities are planned on a daily basis.” (Submitted by Facility)

**HARTWYCK AT CEDARBROOK**

1340 Park Avenue  
Plainfield, New Jersey 07060  
(908) 754-3100

**TYPE OF OWNERSHIP:**

Non-Profit

**LEVELS OF CARE:**

Skilled Nursing Care  
Intermediate Level of Care

**SPECIALIZED CARE:**

Comatose Patients  
Nasogastric Tube Feedings or Gastrostomy  
Neuromuscular or Orthopedic Care  
Oxygen Therapy  
Tracheostomy  
Wound Care  
Huntington's Disease Patients

**CAPACITY:**

106 Nursing Home Beds

**APPROVED:**

Medicare  
Medicaid

**PREPAYMENT:**

From day of admission to end of first month.

**DESCRIPTION:**

"Hartwyck at Cedarbrook has been offering quality long-term care since 1968. Located next to scenic Cedarbrook Park, the nursing center houses the state's first unit for the care of Huntington's Disease patients. In addition to complete services for geriatric residents, it also offers long-term care for individuals in persistent coma."

(Submitted by Facility)

**NORWOOD TERRACE HEALTH CENTER**

40-44 Norwood Avenue  
Plainfield, New Jersey 07060  
(908) 769-1400

**TYPE OF OWNERSHIP:**

Proprietary

**LEVELS OF CARE:**

Skilled Nursing Care  
Intermediate Level of Care

**SPECIALIZED CARE:**

Alzheimer's Disease  
Nasogastric Tube Feedings or Gastrostomy  
Neuromuscular or Orthopedic Care  
Oxygen Therapy  
Wound Care  
IV Therapy

**CAPACITY:**

120 Nursing Home Beds

**APPROVED:**

Medicare  
Medicaid

**PREPAYMENT:**

1 month in advance  
1 month escrow  
(Kept in an interest bearing account)

**DESCRIPTION:**

Under new ownership as of 3/1/00

**THE WOODLANDS – GENESIS HEALTH CARE**

1400 Woodland Avenue  
Plainfield, New Jersey 07060  
(908) 753-1113

**TYPE OF OWNERSHIP:** A Proprietary Home

**LEVELS OF CARE:** Skilled Nursing Care  
Custodial  
Residential Care

**SPECIALIZED CARE:** Alzheimer’s Disease  
Amyotrophic Lateral Sclerosis  
Comatose Patients  
Dialysis  
Head Trauma  
Intravenous Therapy  
Nasogastric Tube Feedings or Gastrostomy  
Neuromuscular or Orthopedic Care  
Oxygen Therapy  
Tracheostomy  
Wound Care

**CAPACITY:** 120 Nursing Home Beds  
20 Residential Beds

**APPROVED:** Medicare  
Medicaid

**DESCRIPTION:** “Woodlands is dedicated to providing a high quality and full range of gerontological care. The Woodlands also provide a residential setting, The Glen, along with a full-service nursing center with physical, occupational and speech services. We are committed to a restorative philosophy, ministering to our residents; physical, social, and psychological needs. Our Quality of Life program’s aim is to engage each resident in a wide-range of activities as is consistent with the individual’s ability to participate.”  
(Submitted by Facility)

**RAHWAY GERIATRICS CENTER, INC.**

1777 Lawrence Street  
Rahway, New Jersey 07065  
(732) 381-1374

**TYPE OF OWNERSHIP:**

Private Non-Profit

**LEVELS OF CARE:**

Skilled Nursing Care  
Custodial Care

**SPECIALIZED CARE:**

Alzheimer's Disease  
Comatose Patients  
Dialysis  
Head Trauma  
Intravenous Therapy  
Nasogastric Tube Feedings or Gastrostomy  
Neuromuscular or Orthopedic Care  
Oxygen Therapy  
Tracheostomy  
Wound Care

**CAPACITY:**

122 Nursing Home Beds

**APPROVED:**

Medicare  
Medicaid

**PREPAYMENT:**

From day of admission to end of first month

**DESCRIPTION:**

"We are the only non-profit, independent nursing home in New Jersey. We are dedicated to quality care."  
(Submitted by Facility)

**ASHBROOK NURSING HOME AND REHAB CENTER**

1610 Raritan Road  
Scotch Plains, New Jersey 07076  
(908) 889-5500

**TYPE OF OWNERSHIP:** Non-Profit

**LEVELS OF CARE:** Skilled Nursing Care

**SPECIALIZED CARE:** Alzheimer's Disease  
Comatose Patients  
Dialysis  
Head Trauma  
Nasogastric Tube Feedings or Gastrostomy  
Neuromuscular or Orthopedic Care  
Oxygen Therapy  
IV Therapy  
Physical Therapy  
Occupational Therapy  
Speech Therapy

**CAPACITY:** 177 Nursing Home Beds

**APPROVED:** Medicare  
Medicaid

**DESCRIPTION:** "The Ashbrook Nursing Home is honored to have received a perfect New Jersey State Department Facility Inspection Report. Ashbrook Nursing Home provides the highest quality of care and services – all day, every day. Please do not hesitate to visit at any time to assess the warm, family-like atmosphere, attentive staff, and beautiful surroundings which include enclosed safe patios and a one-story building." (Submitted by Facility)

**CORNELL HALL NURSING & REHABILITATION**

234 Chestnut Street  
Union, New Jersey 07083  
(908) 687-7800

An Affiliate of St. Barnabas Health Care System

**TYPE OF OWNERSHIP:**

Non-Profit

**LEVELS OF CARE:**

Skilled Nursing Care  
Sub-Acute

**SPECIALIZED CARE:**

Alzheimer's Disease  
Nasogastric Tube Feedings or Gastrostomy  
Oxygen Therapy  
Wound Care  
IV Therapy  
Short-term Rehabilitation  
Pain Management  
Peripherally Inserted Central Catheter Therapy (PICC Line)  
Cardiac Rehabilitation

**CAPACITY:**

147 Nursing Home Beds

**APPROVED:**

Medicare  
Medicaid  
Managed Care

**PREPAYMENT:**

1 month advance

**DESCRIPTION:**

“Cornell Hall is a 147-bed progressive, skilled nursing facility that provides a home to those persons no longer able or wishing to live on their own. We offer a homelike environment that encourages its residents to live as independently as possible with the security of knowing that skilled nursing care is provided 24 hours a day.”

(Submitted by Facility)

**SOUTH MOUNTAIN HEALTH CARE AND REHABILITATION CENTER**

2385 Springfield Avenue  
Vauxhall, New Jersey 07088  
(908) 688-3400

**TYPE OF OWNERSHIP:** Privately Owned

**LEVELS OF CARE:** Skilled Nursing Care  
Sub-Acute Care

**SPECIALIZED CARE:** Alzheimer's Disease  
Tube Feedings  
Oxygen Therapy  
Wound Care  
Inpatient Therapies  
Respite Care

**CAPACITY:** 156 Skilled Nursing Home Beds  
29 Sub-Acute Beds

**APPROVED:** Medicare  
Medicaid  
JCAHO Accredited

**PREPAYMENT:** First month pro-rated, one-month security

**DESCRIPTION:** "New modern facility with a pleasant environment. Quality care rendered by a courteous professional staff."  
(Submitted by Facility)

**WESTFIELD CENTER**

**Genesis Elder Care™ Network**  
 1515 Lamberts Mill Road  
 Westfield, New Jersey 07090  
 (908) 233-9700

**TYPE OF OWNERSHIP:** Proprietary Home

**LEVELS OF CARE:** Skilled Nursing Care  
 Intermediate Level of Care  
 Sub-Acute

**SPECIALIZED CARE:** Focus Alzheimer’s Wing  
 Princetonian Upscale Wing  
 Sub-Acute Care  
 IV Hyperalimentation  
 Coma Stimulation  
 Terminal Care  
 Head Trauma  
 Pain Management  
 Tracheostomy Care  
 Wound Care  
 Stroke and Orthopedic Rehabilitation  
 Hospice Program

**CAPACITY:** 233 Nursing Home Beds

**APPROVED:** Medicare, Medicaid  
 Fully Accredited by Joint Commission for the Accreditation of Health Care

**DESCRIPTIONS:** “Westfield Center – Genesis Elder Care is one of 140 Geriatric Health Care Centers operated by Genesis Health Ventures, Kennett Square, PA. In addition to being one of 36 New Jersey Centers, Genesis operates facilities in Connecticut, Delaware, the District of Columbia, Indiana, Massachusetts, Maryland, North Carolina, Pennsylvania, Virginia and West Virginia. Genesis Health Center is a division of Genesis Health Ventures, Inc. a publicly traded company headquartered in Kennett Square, Pa. Genesis Health Ventures is the sixth largest publicly traded long-term care Company in the United States. (Submitted by Facility)

## **ASSISTED LIVING**

### **SELECTION CRITERIA**

*Factors you may want to consider are identified below under each of the categories. Be sure to observe, as well as to inquire about these services when rating the various facilities.*

	<b>YES</b>	<b>NO</b>
<b>PERSONALIZED SERVICE PLAN</b>		
1. Comprehensive personal assessment based on each resident's needs and preferences.	<input type="checkbox"/>	<input type="checkbox"/>
2. Personalized plan of care for each resident.	<input type="checkbox"/>	<input type="checkbox"/>
3. Planning process that involves residents and families.	<input type="checkbox"/>	<input type="checkbox"/>
4. Plans updated regularly to meet resident's current and evolving needs.	<input type="checkbox"/>	<input type="checkbox"/>
<b>ACCOMMODATIONS AND GENERAL ATMOSPHERE</b>		
5. A clean, well-maintained environment.	<input type="checkbox"/>	<input type="checkbox"/>
6. A warm, friendly atmosphere.	<input type="checkbox"/>	<input type="checkbox"/>
7. Private and semi-private apartments with full baths and ample closet space.	<input type="checkbox"/>	<input type="checkbox"/>
8. Furnished and unfurnished apartments.	<input type="checkbox"/>	<input type="checkbox"/>
9. Availability of apartments with kitchenettes.	<input type="checkbox"/>	<input type="checkbox"/>
10. A variety of attractive and comfortable common areas.	<input type="checkbox"/>	<input type="checkbox"/>
11. Appropriate access for wheelchairs and walkers.	<input type="checkbox"/>	<input type="checkbox"/>
12. Landscaped and well-maintained outdoor areas including courtyards and/or patios.	<input type="checkbox"/>	<input type="checkbox"/>
<b>COMFORTS OF HOME</b>		
13. Regularly scheduled apartment housekeeping and linen service.	<input type="checkbox"/>	<input type="checkbox"/>
14. Laundry room and/or personal laundry service.	<input type="checkbox"/>	<input type="checkbox"/>
15. On-site beauty/barbershop.	<input type="checkbox"/>	<input type="checkbox"/>
16. Transportation services.	<input type="checkbox"/>	<input type="checkbox"/>
<b>DINING SERVICES</b>		
17. Three nutritious and appetizing meals served daily.	<input type="checkbox"/>	<input type="checkbox"/>
18. Menu options available at each meal.	<input type="checkbox"/>	<input type="checkbox"/>
19. Meals served in the dining room.	<input type="checkbox"/>	<input type="checkbox"/>

- |   | <b>YES</b>               | <b>NO</b>                |
|---|--------------------------|--------------------------|
| 20. Friendly and attentive dining room staff.                               | <input type="checkbox"/> | <input type="checkbox"/> |
| 21. Private dining room available.  | <input type="checkbox"/> | <input type="checkbox"/> |
| 22. Room service available when illness prevents eating in the dining room. | <input type="checkbox"/> | <input type="checkbox"/> |
| 23. Guest meals available with a minimum of notice.                         | <input type="checkbox"/> | <input type="checkbox"/> |
| 24. Special holiday dinners, theme dinners, parties, cookouts, etc.         | <input type="checkbox"/> | <input type="checkbox"/> |

### **SOCIAL PROGRAMS AND ACTIVITIES**

- |  |                          |                          |
|--|--------------------------|--------------------------|
| 25. Broad range of group and individual activities scheduled seven days per. | <input type="checkbox"/> | <input type="checkbox"/> |
| 26. Equipment (such as games, easels, videos, etc.) provided.                | <input type="checkbox"/> | <input type="checkbox"/> |
| 27. Regularly scheduled social events, outings, lectures and excursions.     | <input type="checkbox"/> | <input type="checkbox"/> |
| 28. Wellness programs and activities.  | <input type="checkbox"/> | <input type="checkbox"/> |
| 29. Published activities calendar.   | <input type="checkbox"/> | <input type="checkbox"/> |
| 30. Regularly scheduled worship services.                                    | <input type="checkbox"/> | <input type="checkbox"/> |

### **SAFETY AND SECURITY**

- |   |                          |                          |
|---|--------------------------|--------------------------|
| 31. Staff on site 24 hours per day.   | <input type="checkbox"/> | <input type="checkbox"/> |
| 32. Routine visits by nursing personnel   | <input type="checkbox"/> | <input type="checkbox"/> |
| 33. Apartments equipped with door locks.  | <input type="checkbox"/> | <input type="checkbox"/> |
| 34. Apartments equipped with 24-hour emergency call system.   | <input type="checkbox"/> | <input type="checkbox"/> |
| 35. Locked and monitored exterior doors.  | <input type="checkbox"/> | <input type="checkbox"/> |
| 36. Fire drills and round-the-clock safety procedures.  | <input type="checkbox"/> | <input type="checkbox"/> |
| 37. Meets or exceeds local, state and federal fire safety requirements.<br>(Ask to see current Fire Safety Inspection documentation.) | <input type="checkbox"/> | <input type="checkbox"/> |

### **STAFFING**

- |  |                          |                          |
|--|--------------------------|--------------------------|
| 38. Attentive, caring and friendly staff.  | <input type="checkbox"/> | <input type="checkbox"/> |
| 39. An administrator or director who is responsible for the overall operation of the facility. | <input type="checkbox"/> | <input type="checkbox"/> |
| 40. Staff trained in assisting and caring for seniors.   | <input type="checkbox"/> | <input type="checkbox"/> |
| 41. Caregiving staff who assist residents with activities of daily living.                     | <input type="checkbox"/> | <input type="checkbox"/> |
| 42. Nurse on staff 24-hours a day.   | <input type="checkbox"/> | <input type="checkbox"/> |
| 43. Licensed nurses to assist with medication administration and other nursing services.       | <input type="checkbox"/> | <input type="checkbox"/> |

- 44. Food service personnel who prepare and serve nutritious meals.
- 45. Activities coordinators who organize activities and programs for residents.
- 46. Maintenance personnel who ensure the upkeep and maintenance of the building.

**RESIDENTS**

- 47. Appear happy and well-adjusted.
- 48. Engaged in activities.
- 49. Well groomed.

**LOCATION**

- 50. Convenient for family and friends to visit.
- 51. Located near shopping and/or entertainment options.
- 52. Close to a local hospital.

**NOTES**

**ATRIA AT CRANFORD**

10 Jackson Drive  
Cranford, New Jersey 07016  
(908) 709-4300

**TYPE OF OWNERSHIP:** Private Owned – Atria Company

**LEVELS OF CARE:** Assisted Living, Retirement

**SPECIALIZED CARE:** Alzheimer’s Disease  
CPCH

**CAPACITY:** 219

**APPROVED:** Private Pay  
Medicaid

**PREPAYMENT:** Call for availability

**DESCRIPTION:** “Elegance and quality best describe the surroundings at Atria. We offer furnished suites, each with private bath, 24-hour security, supervision of medication, personal care assistance, daily housekeeping, and laundry and linen service. Residents enjoy three delicious and nutritious meals served each day. There is a warmly decorated complete library on site and a comprehensive program of daily activities and recreation. A Special Needs Program is in place for residents with Alzheimer’s or other cognitive impairments.” (Submitted by Facility)

**FATHER HUDSON HOUSE**

111 De Hart Place  
Elizabeth, New Jersey 07202  
(908) 353-6060

**TYPE OF OWNERSHIP:** Non-profit

**LEVELS OF CARE:** Assisted  
Hospice  
Respite

**SPECIALIZED CARE:** Hospice only

**CAPACITY:** 25 Beds

**APPROVED:** Medicare

**PREPAYMENT:** 1 Month

**DESCRIPTION:** “Father Hudson House, formerly known as Heritage Home, is the first assisted living facility in the State of New Jersey caring for hospice patients. As an assisted living facility for individuals diagnosed with a terminal illness, Father Hudson House offers a unique alternative for those who choose not to remain in their own home. Supervised care is provided 24 hours a day, seven days a week. A formal dining room serves three meals a day. The facility is handicapped accessible and is equipped with an electric elevator to address the needs of the non-ambulatory.

(Submitted by Facility)

**THE CHELSEA AT FANWOOD**

295 South Avenue  
 Fanwood, New Jersey 07023  
 (908) 654-5200

**TYPE OF OWNERSHIP:**

Private

**LEVELS OF CARE:**

Assisted Living

**SPECIALIZED CARE:**

Assisted Living  
 Alzheimer's Disease

**CAPACITY:**

68

**APPROVED:**

Private Pay

**PREPAYMENT:**

None

**DESCRIPTION:**

“Conveniently located in the heart of beautiful Fanwood, THE CHELSEA AT FANWOOD Assisted Living Residence provides assistance with daily activities such as dressing, bathing, and grooming, as well as with medication reminders, in calm and comforting surroundings. The *Chelsea Country Cottage* wing provides enhanced services for residents with Alzheimer's and other memory impairments. The caring, professionally trained staff encourages participation and new friendships through an active social program. (Submitted by Facility)

**BRIGHTON GARDENS OF MOUNTAINSIDE**

1350 Route 22 West  
Mountainside, New Jersey 07092  
(908) 654-4460

**TYPE OF OWNERSHIP:**

Prime Care Corp.

**LEVELS OF CARE:**

Assisted Living

**SPECIALIZED CARE:**

Alzheimer’s Disease, Respite Care

**CAPACITY:**

98 Assisted Living  
25 Alzheimer’s

**APPROVED:**

Private Pay

**PREPAYMENT:**

None

**DESCRIPTION:**

“Assisted living at Brighton Gardens of Mountainside Focuses on our residents’ health and wellness instead of their frailties. Our innovative “Levels of Wellness and Care” provide exactly the service and care residents need. Three delicious and nutritious meals are served daily, transportation, activities, and housekeeping are among the many services provided by a professional staff. Our suites are designed for comfort, safety and security. Also on site is our Special Care Center designed for people with Alzheimer’s and related memory disorders.”

(Submitted by Facility)

**SUNRISE ASSISTED LIVING OF WESTFIELD**

240 Springfield Avenue  
Westfield, New Jersey 07090  
(908) 317-3030

**TYPE OF**

**OWNERSHIP:** Public Owned Corporation

**LEVELS**

**OF CARE:** Assisted Living

**SPECIALIZED**

**CARE:** Assisted Living Plus  
Alzheimer's Disease  
Respite  
Hospice

**CAPACITY:** 96

**APPROVED:** Private Pay

**PREPAYMENT:** 30 X Daily Room Rate

**DESCRIPTION:** "Sunrise Assisted Living, the nation's leader in Assisted Living Services, offers residents a comprehensive array of services, including three meals per day and snacks, housekeeping, linen/laundry, scheduled transportation, a wellness program for residents with enhanced personal care needs for those with Alzheimer's Disease or other types of memory impairment. Home-like environment features Victorian style architecture."  
Opened October 1997 (Submitted by Facility)

The following is a list of terms associated with Nursing Home Care. Never hesitate to ask the meaning of a medical term.

**AMBULATORY:** able to walk.

**BOWEL AND BLADDER TRAINING:** a program to minimize or eliminate incontinence.

**CATHETER:** a tube passed through the urethra into the bladder to drain the urine.

**DECUBITUS ULCER:** (bedsore, pressure sore): an ulcer or sore caused by the lack of blood circulating to some area of the body. This condition usually results from sitting or lying in a position too long.

**DISORIENTATION:** loss of one's familiarity with one's surroundings; confusion as to time, place, or person.

**FAMILY COUNCIL:** a group of family members of nursing home residents who meet in order to discuss and share problems and to understand what other people in the same situation are experiencing.

**GERI-CHAIR:** a wheelchair that cannot be self-propelled. Someone else must push it.

**INCONTINENT:** unable to control the passage of urine and feces.

**PATIENT CARE PLAN:** a plan formulated by a registered nurse in conjunction with a physician for optimum care and rehabilitation.

**PERSONAL CARE:** care that involves help with eating, dressing, walking, and other personal needs, but very little or no nursing supervision.

**PHYSICAL THERAPY:** treatment to retain or restore functioning in the large muscles of the arms, legs, hands, feet, and back through movement exercises or treatments.

**PROPRIETARY:** refers to a facility operated for profit.

**REALITY ORIENTATION:** therapy used to bring the confused client a better awareness of day-to-day facts, and increased awareness of wanting to do things for oneself; for example, telling and posting the date, day, month, and season of the year.

**RE-MOTIVATION:** therapy that stimulates the unmotivated and encourages social participation in arts, crafts, movies, singing; whatever activities offer human contact.

**RESIDENTS' COUNCIL:** a group of residents who are committed to expressing the ideas and needs of the residents to the staff.

**RESTRAINT:** a protective device used to prevent a resident from falling from a chair or bed.

**UTILIZATION REVIEW COMMITTEE:** a peer review committee who will review a resident's condition in order to approve or disapprove a medical stay. The committee is made up of outside physicians and the nursing home staff.

## County Offices on Aging

COUNTY	PHONE NUMBER	WEB SITE
ATLANTIC	(609) 645-7700, Ext. 4700	<a href="http://www.aclink.org">www.aclink.org</a>
BERGEN	(201) 336-7400 or 7418	<a href="http://www.bergenonline.org">www.bergenonline.org</a>
BURLINGTON	(856) 858-3220	<a href="http://www.co.burlington.nj.us">www.co.burlington.nj.us</a>
CAMDEN	(856) 858-3220	<a href="http://www.camdencounty.com">www.camdencounty.com</a>
CAPE MAY	(609) 886-8138 or 2784	
CUMBERLAND	(856) 453-8066 or 2220	
ESSEX	(973) 395-8368 or 8375	
GLOUCESTER	(856) 384-6900	
HUDSON	(201) 271-4322	
HUNTERDON	(908) 788-1362	<a href="http://www.co.hunterdon.nj.us/seniors.htm">www.co.hunterdon.nj.us/seniors.htm</a>
MERCER	(609) 989-6661/62	<a href="http://www.mercercounty.org">www.mercercounty.org</a>
MIDDLESEX	(732) 745-3295	<a href="http://www.co.middlesex.nj.us">www.co.middlesex.nj.us</a>
MONMOUTH	(732) 431-7450	<a href="http://www.visitmonmouth.com/aging">www.visitmonmouth.com/aging</a>
MORRIS	(973) 285-6848	
OCEAN	(732) 929-2091	<a href="http://www.oceancountygov.com">www.oceancountygov.com</a>
PASSAIC	(973) 569-4060	
SALEM	(856) 339-8622	
SOMERSET	(908) 704-6346	<a href="http://www.co.somerset.nj.us">www.co.somerset.nj.us</a>
SUSSEX	(973) 579-0555	<a href="http://www.sussexcounty.com">www.sussexcounty.com</a>
UNION	(908) 527-4870/72	<a href="http://www.unioncountynj.org">www.unioncountynj.org</a>
WARREN	(908) 475-6591	

The above offices may be contacted for information and referral on Nursing Homes outside Union County.